## Are you over 6o?

If so, you may be eligible for a monthly food box filled with pantry staple items.

## To sign up, contact:

Dawn Moore Spectrum Generations 207-563-1363 x1











## **Details:**

- Boxes are picked up once per month in Damariscotta.
- Application is required
- If you need help with a delivery, call Jess at Healthy Lincoln County at 207-975-6201.

